Food & Drink Showcase

Monday - Fun Day At Sea

6:30am Continental Breakfast Rosie's 8:00am-10:30am Breakfast on Deck Rosie's 8:00am-12:00pm Breakfast for late risers! Rosie's 8:00am-10:00am Open Seating Washington Di Lunch -12:00pm-2:30pm	Restaurant
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Taste of the Nations Today's Feature: Caribbean

Lide lunch & saidd bar	Rosie's restaurant Rosie's Restaurant
Seafood Fare	Fish & Chips Deck 10
Asian Corner For your pleasure & convenience	The Oriental
12:00pm - 6:00pm The Grill	Deck 9 aft
11:00am - 11:00pm The Deli	Rosie's Restaurant
12:30pm-2:00pm Open Seating	Washington Dining Room

Dinner "Formal" is the recommended attire for this evenings meal.

and the residurants are smoke free environments.				
Main Seating				
5:45pm	Washington Dining Room .	Lobby Deck 3, aft		
6:15pm	Lincoln Dining Room	Lobby Deck 3, fwd		
Late Seating				
8:00pm	Washington Dining Room .	Lobby Deck 3, aft		
8:30pm	Lincoln Dining Room	Lobby Deck 3, fwd		
Seaview Bistro				
6:00pm -	9:30pm			
Late Night Bistro				
11:30pm -	1:30am			
Togo Sushi Bar				
6:00pm - 1	8:30pm	. Promenade Deck, midship		
Available 24 hours				
	Distorio	deck 9 aft		

SCARLETT'S SUPPER CLUB. **DECK 10 MIDSHIP**

Coffee/Tea/Ice Cream

Rosie's Restaurant

Inspired by the main character in the legendary novel and film Gone with the Wind. The décor of Scarlett's is equaled only by the quality and diversity of it's culinary choices. Music & dancing nightly. Simply an unforgettable dining experience. Call 1078 for your reservation. Formal Attire Required.

The United States Public Health Service has determined that eating uncooked or partially cooked meat, poultry, fish, seafood or eggs may present a health risk to the consumer particularly those that may be more vulnerable

TODAY'S DRINK SPECIAL "Yellow Bird"

Only \$3.50 regular glass or \$6.75 with Souvenir Glass!

Morning Drink Special

10am-12pm: Mimosa, Bloody Mary, Screwdrivers \$3.50! Lobby, Casino & Pool Bars

MARTINI OF THE DAY! 5PM - 8:15PM

COSMOPOLITAN \$3.50 JEANNE'S WINE BAR Carnival Valor is Non-smoking



except for... Casino, Casino Bar, Paris Hot, Lindy Hop, One Small Step DanceClub, Jeanne's Wine Bar, Sports barWinston's Gigar Bar, Open decks on Starboard side only. Please remember that our Jogging Tracks are non-smoking Cigar smoking is not permitted anywhere except in the Winston's Cigar Bar or Outer Deck 10, starboard side . .

Purser's Information Desk

Feel free to visit us throughout your cruise for general information, questions or to report lost and found itemsLobby, Deck 3 Fwd

Basketballs & Volleyballs

Please note Basketball & Volleyball courts may be used only up

Basketballs and Volleyballs may be obtained from the Pool Bar, Lido Deck main pool, with your Sail & Sign Card as collateral. They must be returned by 6pm that same day or there will be a charge of \$25.

CAMP CARNIVAL

1:00pm 6:15pm 9:00pm	Family Play Time (under 2's)
10:00pm	Slumber Party (Fees Apply) Camp Carniva

Club 0, (15 - 17 yrs)

Please check your Club O, caper for a full listing of today's activities

Wake Up Calls

You can set a wake up call from your stateroom phone by dialing 37 and the military version of the time you would like to receive the call, for example, if you would like an 800am call, simply dial 37 then 0800. Or, for 800pm, dial 37 then 2000. To remove unwanted wake up calls, dial * then 37.

Energy Consumption

Please turn off your lights when leaving your staterooms.

Infirmary Hours

In case of emergency - please dial #911. Over-the-counter In case of emergency presse user #211. Over the counter items such as Tylenol & Band-Aids are available at the Purser's desk & from Room Service. Services are charged to your Sall & Sign card, Infirmary Deck 0 Infirmary open 8:00am - 8:00pm

Doctor's Hours 8:00am-11am & 3pm-6pm _ Deck 0 . fwd

Phoning Home

We're now featuring even lower satellite calling rates. Calls to the U.S., Canada and the Caribbean are only \$6.99 per minute! International calls are only \$9.99 per minute. Call anywhere in the world directly from your stateroom. Consult your stateroom directory for dialing instructions.

Swimming Pools/Whirlpools

"No Lifeguard on duty, so swim at your own risk" 8:00am-8:00pm Main Pool/Whirlpools/Spa 8:00am -10:00pm	46 D1
8:00am-12:00am (Adults Only) Whirlpool Lido D Waterslide 10:00am - 5:00pm	lark As

Lido Deck Etiquette

Please, out of consideration to your fellow guests, follow our no seat saving policy. Thank you!

Beach Towels

Fresh beach towels will be placed in your stateroom the night before each port of call. Use these towels while ashore & on the ship's open decks. Please return the towels to your Stateroom Steward when you are finished with them. A charge of \$22 will be billed to your Sail & Sign account for each rowel not returned

travel adventure DON'T MISS (talk

with your Cruise Director

Darcy Knievel

at 11:00am in the Ivanhoe Theatre

The best beaches & snorkeling & incredible adventure tours. Make the most of this vacation by knowing what options are available in our ports of call! Information on the tours, General info, plus what you need to go ashore.....don't miss this talk! Fun and informative...

ONE ADULT MEMBER FROM EACH FAMILY SHOULD ATTEND

GRAND CAYMAN & ROATAN SHOPPING TALK

.....Ivanhoe Theatre Lots of FREE Prizes will be given away! Diamond & Gemstone Seminar 3:30pm.....Paris Hot Lounge Find out how to save money on buying Diamonds & Gems in the Caribbean. (Free 1 CT Sapphire to all who attend!)

CAPTAIN'S WELCOME COCKTAIL PARTY Captain Gaetano Gigliotti

cordially invites all guests to attend his formal cocktail party. Complimentary cocktails & hors d'oeuvers will be served at the Eagles Lounge, Paris Hot Lounge and

the One Small Step Dance Club. Proper attire required.

5:00 - 6:00pm Main Sitting 7:15 - 8:15pm Late Sitting Deck 5 Aft

The Captain will introduce his Senior Officers at 5:30 & 7:45pm in the Eagle's Lounge

Carnival Cruise Lines Environmental Compliance Hotline For all concerns related to Carnival please contact 1-305-405-505 (International): 1-888-290-5105 (North America): or 4ENV (From your ship phone) / Environmental Compliance web site (International): 1-888-290-5105 (North America): or 4ENV (From your ship phone) / Environmental Compliance web site and to help to continue to protect YOUR occarrs and seas, we ask guests to also refrain from doing to be member throw anything overboard, and to help to continue to protect YOUR occarrs and seas, we ask guests to also refrain from doing to be member throw anything overboard, and to help to continue to protect YOUR occarrs and seas, we ask guests to also refrain from doing to be member throw anything overboard, or flick hot ash overboard as this could blow back into the ship and start a fire.

DECARTIVAL